



Practice Newsletter

Drs. Ellwood, Connolly, Mason & Chapman

The Health Centre, Freckleton & Fernbank Surgery, Lytham

Issue September 2011

Please take a copy of this newsletter

Seasonal Flu Vaccination Programme 2011

If you are over the age of 65 or have any of the conditions listed below, vaccination against 'flu is strongly recommended.

If you fall into one of these groups you are more vulnerable to the effects of 'flu and could develop more serious illnesses such as bronchitis or pneumonia, potentially putting you into hospital. It could also make any existing condition worse.

We have arranged a number of 'flu clinics throughout October and into November; if you are eligible for the vaccination you will receive a letter from the Practice.

To make your appointment please telephone or call into the surgery as instructed in your letter.

Vaccination is recommended for all patients with

- * Diabetes
- * Chronic Heart Disease
- * Chronic Respiratory Disease
- * Chronic Renal Disease
- * Chronic Liver Disease
- * Immunosuppression due to disease or treatment.

Also patients who

- * Are over the age of 65
- * Live in long stay residential and nursing homes
- * Are the main carer for an elderly or disabled person whose welfare may be at risk if the carer falls ill
- * Have had their spleen removed
- * Have suffered a stroke/TIA
- * Are currently pregnant

***Don't forget you can order your repeat prescriptions online any time at our website
www.fernbanksurgery.co.uk***

Telephone numbers:

Freckleton Health Centre 01253 657210 Fernbank Surgery 01253 657200

Staffing News

Goodbye to . . . Dr Anthony who completed his ST3 with us at the end of August. We thank him for all his hard work and wish him well for the future.

And hello to . . . Dr Adam Daruzzaman who joined us in August as our new GP and to Dr Madhu Chavali who joins us for his six month ST1 placement. We welcome you to the practice and hope you enjoy working with us!

Primary Care Nurses Fran and Amanda have recently gained a diploma in Diabetes Management and along with Michelle have also completed their cervical smear training. Well done!

Nurse Michelle is about to start the second year of her Specialist Practitioner Degree and Fran will begin her first year in September. We wish them both well with their studies.

Dr Simon Ellwood is running (again) the Great North Run on September 18th. Good luck to him and we hope he clocks up a good time!

Practice Nurse Heather recently walked a 5km 'Bark in the Park' with her dog Sasha to raise money for Brian House at Trinity Hospice. Well done Sasha (& Heather too!)

Dressings clinic

Coming to the practice in September we welcome Nurse Julie Eaves who will provide two afternoon clinics per week each at both Lytham and Freckleton which will specifically be for dressings and ear syringing.

Patient Reference Group

We would like to know how we can improve our service to you and how you perceive our surgery and staff.

To help us with this, we are setting up a virtual patient representation group so that you can have your say. We will ask the members of this representative group some questions from time to time, such as what you think about the quality of the care or service you received. We will contact you via email and keep our surveys succinct so it shouldn't take too much of your time.

We aim to gather around a hundred patients from as broad a spectrum as possible to get a truly representative sample. We need young people, workers, retirees, people with long term conditions and people from non-British ethnic groups. To apply you can fill in a form at either reception site, or visit our website www.fernbanksurgery.co.uk and follow the link and instructions there. Thank you.

Surgery Opening Times

Fernbank Surgery

Lytham

Monday-Friday 8.30am-6pm

Freckleton Health Centre

Monday 8.30am-7.30pm

Tuesday, Thursday & Friday 8.30am-6pm

Wednesday 8.30am-12.30pm

Monday evening and Wednesday afternoon appointments are open to all patients. Contact your usual practice site to book.